

Minutes of the Meeting of the ESH Scientific Council

February 8, 2025
NH Milan CityLife, Milan, Italy
Room Chiffon
14:00 – 18:00 CET

PARTICIPANTS

T. Weber, President
C. Delles, Secretary
A. Januszewicz, Vice-President
G. Grassi, Immediate Past President
M. Doumas, Officer-at-Large

M. Burnier
J. Brguljan
M. Brunström
R. de Pinho
L. Halvorsen
Z. Jarai
A. Persu
E. Rodilla

Other participants

M. Elgner, ESH Coordinator
R. Lynch, ESH Secretariat
M. Massaro, AIM

Apologies

J. Danser
G. Mancia
A. Pathak
J. Polonia
K. Tsioufis

1. PRESIDENT'S WELCOME & APOLOGIES (T. Weber)

The ESH President, T. Weber, welcomed all members to the ESH Council meeting. He informed the participants that this Council Meeting will be structured differently. The focus of this meeting will be the reports by the newly established Task Forces.

T. Weber apologized on behalf of the Council members J. Danser, G. Mancia, A. Pathak, J. Polonia and K. Tsioufis who, due to previous commitments, are unable to attend the meeting.

2. APPROVAL OF MINUTES – ESH SCIENTIFIC COUNCIL MEETING ON NOV 9, 2024 (C. Delles, T. Weber)

The minutes of the Council Meeting held on November 9, 2024, in Vienna, Austria, were sent out to all Council members for eventual comments and approval. The Council had no objections.

3. AGENDA ESH 2035 – REPORTS OF THE TASK FORCES (T. Weber, C. Delles)

An overview of the newly established Task Forces and their leaders was given:

TASK FORCE 1: ESH Council Members (Lead = C. Delles, T. Weber)

TASK FORCE 2: ESH Annual Conference (Lead = R. Kreutz)

TASK FORCE 3: ESH Scientific Activities (Lead = A. Januszewicz)

TASK FORCE 4: ESH Membership (Lead = L. Halvorsen)

TASK FORCE 5: ESH Educational Activities (Lead = J. Brguljan)

TASK FORCE 1: ESH Council Members (Lead = C. Delles, T. Weber)

Background & tasks:

- the organization of the Council needed to be updated, namely
- Definition of the roles of Office Bearers, Elected Members, Executive Officers, Specific Boards
- Definition of maximum length of stay in the Council
- Fixed succession planning for Office Bearers
- New: Young Investigator Representative in the Council

The changes will result in changes to the ESH By-laws which need to be confirmed during the General Assembly in Milan.

The overarching principles for the composition of the Council are:

- Representation of all European countries / regions
- Gender balance
- Age balance
- Basic science / GP / Cardiology / Nephrology ... balance

Background: What do we need to balance?

- Experience in ESH matters takes some time = years and needs to be preserved
- Establishing a trustworthy relationship with industry takes some time = years
- Working for ESH is time consuming for busy clinicians / scientists → finding dedicated colleagues is not easy
- Limiting the time in the Council may discourage committed and devoted colleagues

But on the other hand:

- Blocking all positions in the Council for many years can be frustrating for motivated colleagues
- There is a European alternative for motivated colleagues working in the field if they are lacking a perspective in ESH
- New people can bring a fresh look at old problems

Proposed changes to the ESH By-Laws are:

§ 15.a Composition of ESH Scientific Council

OLD

The ESH Scientific Council is formed by 11 elected voting members (including Office Bearers), by non-voting Ex-Officio Members and by non-voting Executive officers nominated by the Scientific Council for specific matters.

NEW

The ESH Scientific Council is formed by the **Nucleus** (6 Office bearers and 5 additional elected voting members), by non-voting Ex-Officio Members and by non-voting Executive Officers (Task Force leaders) nominated by the **Nucleus** of the Scientific Council for specific matters.

The term “Nucleus” has been newly introduced. In future, the members of the Nucleus will meet regularly several times a year, mainly online.

The Ex-Officio Members and the Executive Officers will participate in the meetings of the Nucleus whenever their expertise is needed.

The Nucleus, the Ex-Officio Members, the Executive Officers, the Presidential Board and the Advisory Board will meet once a year at the ESH Annual Conference.

§ 15.b Election of ESH Scientific Council and terms of service

OLD

Members of the Scientific Council may serve for a **four-year** term with the possibility for an additional **four-year** term depending on the confirmation by the General Assembly.

NEW

Members of the Nucleus of the Scientific Council may serve for a **three-year** term with the possibility for an additional **two-year** term depending on the confirmation by the General Assembly.

§ 15.c Duties of ESH Scientific Council

OLD

The presence of six elected members of the ESH Scientific Council constitutes a quorum.

NEW

The presence of six elected members of the **Nucleus** of the ESH Scientific Council constitutes a quorum.

OLD

The ESH Scientific Council should normally meet at least **twice a year**. Meetings should be convened by the ESH President. Additional individuals may be invited by the President to participate in an ESH Scientific Council meeting.

NEW

The **Nucleus** of the ESH Scientific Council should normally meet **at least every other month** (virtual meetings possible; at least 2 in person meetings per year). Meetings should be convened by the ESH President. **Additional members of the Scientific Council** (and other individuals) may be invited by the President to participate in an ESH Scientific Council **Nucleus** meeting.

§ 15.d Office Bearers

OLD

Office Bearers of the Society are:

- the President,
- the Immediate Past President,
- the Vice-President,
- the Secretary,
- the Treasurer and,
- the Officer at Large

NEW

Office Bearers of the Society are:

- the President,
- the Immediate Past President,
- the Vice-President,
- the Secretary,
- the Treasurer and,
- the Young Investigator Representative

With this amendment to the By-Law, the position of the Officer at Large will be abolished, while the Young Investigator Representative will be a newly established position.

Terms of service

OLD

The President shall serve for a two-year term and shall subsequently remain in the ESH Scientific Council as Office Bearer for two more years as Immediate Past President. This applies also when the total period of the Immediate Past President in the Scientific Council exceeds eight years.

The Vice-President shall normally serve for two years with the possibility for an additional two-year term, but without extension of a maximum eight-year term in the Scientific Council.

The Secretary, the Treasurer and the Officer at Large shall normally serve for two years with the possibility for an additional two-year term, but without extension of a maximum eight-year term in the Scientific Council.

NEW

The President shall serve for a two-year term and shall subsequently remain in the **Nucleus** of the ESH Scientific Council as Office Bearer for two more years as Immediate Past President. This applies also when the total period of the Immediate Past President in the **Nucleus** of the Scientific Council exceeds eight years.

The Vice-President (**President-Elect**) shall serve for two years, **and shall then become President, and subsequently Past President**. This applies also when the total period of the Immediate Past President in the Nucleus of the Scientific Council exceeds eight years.

The Secretary, the Treasurer, the **Young Investigator Representative** shall normally serve for **three years** with the possibility for an additional two-year term, but without extension of a maximum eight-year term in the nucleus of the Scientific Council.

The Young Investigator representative should be elected by the YI group, and should be typically below age XY (still to be defined) and at an earlier career stage.

SUMMARY TERMS OF SERVICE

- 3 years of service for Council members with an option to extend for 2 more years (5 years max.)
- For all ordinary members of the Council the maximum term is 5 years.
- To become an Office Bearer, one should have served beforehand on the Council as an elected member.
- Becoming an Office Bearer is the only way to stay on the Council for more than 5 years.
- The Vice President/President/Immediate Past President cycle takes 6 years. Together with a previous Council role of up to 5 years, these individuals could serve for up to 11 years. It is up

to the Council / ESH Membership who they elect as Vice-President and thereby incoming President and the duration of their service can be taken into account by voters.

- Secretary and Treasurer serve for 3 years and can extend for up to 2 years.

It was decided that transitional rules are needed, for example: A 3-year term will, at least in the first 3 years of the new model, avoid a change of President and Secretary at the same time, which would be the case with a 4-year term. Any extensions of Secretary and Secretary can be tailored to provide sufficient overlap.

§ 15.e Ex-Officio Members

OLD

Ex-Officio non-voting members of the Scientific ESH Council are:

- One ESH member representing FESH
- One ESH member representing the affiliated and associated National Hypertension Societies

The Ex-Officio member shall serve for a **two-year** term with the option to prolong this term for one additional **two-year** periods.

NEW

Ex-Officio non-voting members of the Scientific ESH Council are:

- One ESH member representing FESH
- One ESH member representing the affiliated and associated National Hypertension Societies

The Ex-Officio member shall serve for a **three-year** term with the option to prolong this term for one additional **two-year** period.

The maximum stay in the Council for Ex-Officio members will be 5 years.

§ 15.f Executive Officers

OLD

The ESH Scientific Council may appoint Executive Officers with specific responsibilities in areas that are regarded by the ESH Scientific Council to require expert attention and decisions on a continuous basis. They can be selected from among ESH Scientific Council members or regular ESH members on account of experience and competence. Executive Officers selected from regular ESH members may be invited by the ESH President to attend the ESH Scientific Council meeting or a portion of the meeting.

Areas to be considered for Executive Officer appointments are:

- Coordination of Working Group Activities
- ESH Summer Schools
- Educational Activities of the Society
- Research and Communication Activities of the Society
- Liaison with other (non-European) International Hypertension Societies or Scientific Bodies
- Young Fellows
- General Practitioners Network
- eHealth Technologies

NEW

The ESH Scientific Council may appoint **Task Forces, led by Executive Officers**, with specific responsibilities in areas that are regarded by the ESH Scientific Council to require expert attention and decisions on a defined time span or on a continuous basis. They can be selected from among ESH Scientific Council **Nucleus** members or regular ESH members considering experience and

competence. Executive Officers, leading Task Forces, selected from regular ESH members may be invited by the ESH President to attend the ESH Scientific Council Nucleus meeting or a portion of the meeting.

Areas to be considered for Executive Officer appointments can be defined by the Nucleus of the Scientific Council at any time, typical examples being:

- Coordination of Working Group Activities
- ESH Summer Schools
- Educational Activities of the Society
- **ESH Conference Planning Coordination**
- **Guidelines Preparation**
- Research and Communication Activities of the Society
- Liaison with other (European and non-European) International Hypertension Societies or Scientific Bodies
- General Practitioners Network
- eHealth Technologies

The Executive Officers (Task Force Coordinators) shall serve for the time period to fulfill the task given. Max duration of stay in the Council is **6 years**.

After the presentation of the planned amendments to the ESH By-Laws, a discussion on different aspects took place. The main topics of discussion were:

- How are the Office Bearers elected?
 - Open call for applications: pros and cons (only members in good standing are allowed to vote)
 - (Final) decision by Council or not
- Transition phase is definitely needed
 - When to start this?
 - How can this be handled?

T. Weber asked the Council members to think about the election process and to come up with suggestions, also for the transition phase, as soon as possible.

TASK FORCE 2: ESH Annual Conference (Lead = R. Kreutz)

R. Kreutz reported that the discussion within the Task Force had only just begun. The main focus is initially on defining the tasks for the organization of the conference and determining the people responsible. This model can then be copied for all future ESH conferences.

R. Kreutz invited C. Delles, T. Weber and M. Burnier to be part of the Task Force since they are already involved in the planning for the 2026 Gdansk meeting. They all accepted the task.

There was a discussion about the venue for the 2027 ESH conference. It was reported that the ESC will hold its congress in Milan in 2027. But two such important congresses cannot be held in the same city. It was suggested to hold it in Southern Europe, e.g. in Lisbon, Portugal. R. de Pinho will check the possibilities and costs. A date in June is preferred, as May is not suitable for many colleagues, especially cardiologists.

TASK FORCE 3: ESH Scientific Activities (Lead = A. Januszewicz)

A. Januszewicz gave an update on the major scientific projects of the ESH:

- ABPM-Study = completed
- The Covid Study will continue with a change to the format of the registry.
- Ukraine Women Refugee project: they are working on an extended database and will also produce a movie. Dansk University will also invest in this project.
- HAMA project:
 - Poland joined the project in 2024 → the Polish ministry approved a grant in the amount of 4 Mio EUR
 - Several sub-studies are planned, e.g. by K. Tsioufis and ML Muiesan
- New initiative with General Practitioners and pharmacists is planned together with E. Rodilla (7 countries involved) → funding by the EU
- Glaucoma project will be taken up again in March/April 2025. The following countries will take part in the project: Belgium, Germany, Poland, Italy may also join the project.

T. Weber thanked A. Januszewicz for his detailed summary and all his efforts.

TASK FORCE 4: ESH Membership (Lead = L. Halvorsen)

L. Halvorsen stated that having members is important for the society to have impact. The membership fee is an important source of income.

There are some aspects that need to be improved:

- In order to have reduced price at the annual congress – membership fees have to be paid.
- Option for paying the membership fee in combination with registration and paying fee for the annual congress.
- The congress fee for non-members could be increased
- Payment for Excellence Centres, HT Specialists etc. and renewal of these should only be available after payment of annual membership fee.
- E-mail address should be validated every year.
- An option to have an automated yearly payment of the fee is desired.
- Include young colleagues after they attended the Summer School.
- Membership should have some clear benefits.
- Corporate membership:
 - The companies are willing to pay, it all depends what they get back.
 - Ethical considerations

C. Delles suggested introducing a free membership with no benefits to encourage colleagues to opt for regular paid membership of the ESH with the benefit of receiving a discount for attending the annual meeting, becoming a hypertension specialist, participating in working groups or being able to vote.

T. Weber asked L. Halvorsen and the TF to continue working on the idea of introducing a free membership versus regular membership and to define the corresponding benefits. A. Januszewicz mentioned that the criteria for becoming an ESH member also need to be reviewed and refreshed.

In order to increase the number of paying members, it was proposed that final confirmation of membership only be issued after payment of the membership fee.

R. Kreutz offered to get in touch with important contacts in the pharmaceutical industry to ask them about their experiences with corporate memberships in other societies.

TASK FORCE 5: ESH Educational Activities (Lead = J. Brguljan)

J. Brguljan reported about the conclusions of their TF meeting. These are as follows:

1. **ESH Summer School 2025** – 60 participants; non-European participants must cover their accommodation costs.
2. **International offer of ESH Summer Schools** – A structured program, including local hypertension specialists, will be developed and offered to interested countries.
3. **Webinars** – Monthly sessions involving all Working Groups; Christian will provide updates on existing content.
4. **Recorded Lectures** – AIM will explore recording lectures at the ESH meeting for potential online education with local accreditation.
5. **Educational Platform Management** – A dedicated person should be hired by ESH to oversee online education.
6. **Pharmacist Education** – Special focus should be placed on training pharmacists.
7. **Educational Materials** – ESH educational content should be shared with local societies.
8. **Questionnaires** – Sent to ESH organizations to gather information about their educational activities and needs.
9. **Nurses Education** - Special focus should be placed on nurses training
10. **Live Practical Courses** - With the focus on imaging procedures in hypertension (ultrasonography , renal Doppler duplex , angio-CT , angio-MRI , echocardiography, other)

Some of the topics mentioned above were subsequently discussed further.

Topic 2:

The idea of outsourcing/selling the ESH Summer School was considered to be possible, but the ESH brand should be secured. And, there should be no sale to companies.

T. Weber mentioned the LASH-ESH Summer School as a less-than-optimal example. There is no influence of the ESH on the program. A different format should be evolved together with Antonio Coca. This school should not only be sponsored by only one pharmaceutical company.

Topic 3:

In principle, this is a good idea to have monthly webinars with the Working Groups. J. Brguljan should make suggestions for the content and set up a timetable.

M. Doumas stated that the webinars with the ECs are about to start quite soon. It might be an idea to have a monthly rotation between the WG webinars and the EC webinars.

The TF shall set up a timetable.

Topic 5:

T. Weber pointed out that hiring an external employee is very costly. Therefore, a website coordinator should be found from among the Council members to oversee the content of the website. This also applies to social media content for the Society. R. Lynch and M. Elgner can only do the posting but not be responsible for the content.

R. Kreutz raised the question of whether the ESH should continue to use the social media platform X (formerly Twitter) due to the bad reputation it has through its owner Elon Musk. However, as all other scientific societies continue to use this platform, it was decided to continue using X.

Topic 1:

M. Brunström summarized some details about the Summer School that will take place in Sjöro, near Gothenburg, Sweden, from September 14-19. The draft budget, which assumes 90 participants (students and faculty), was presented. Not all costs can be financed. More sponsors are needed.

R. Kreutz agreed to approach OMRON, Medtronic, Merck and ReCor Medical.

It was discussed whether participants from outside Europe should bear all their own costs. R. Kreutz pointed out that, with regard to other projects, it is worthwhile for the society to invest in the ESH associated societies, especially in China, Korea or Latin/South America.

After some discussion, the following conclusions were drawn:

- Maximum number of participants = 60
- Countries can nominate up to 2 participants, but should prioritize who would come first if selected
- All affiliated (except Russia and Belarus) and associated societies should be invited
- The cost coverage is the same for affiliated and associated societies (travel costs are covered by the national societies, all other costs are covered by the ESH)
- All contracts related to the Summer School should be concluded with FESH (sponsoring, suppliers, etc.)

4. ANY OTHER COMPETENT BUSINESS

4.1 Personalia

4.1.a New contract for ESH Coordinator (T. Weber)

The ESH Coordinator's employment contract has been with Charité since December 2020. This has been extended several times. The contract expires on 30 April 2025.

New solution = ESH Coordinator is employed via ESH.

In order to take all German tax aspects into account, a German payroll office (Witthuhn & Partner, Hamburg) will be contracted to pay the salary and German taxes.

A new contract has already been drawn up, which contains a general job description based on the tasks carried out by the M. Elgner in previous years. All conditions of the contract, including salary, are based on the previous contract with Charité.

A new job title is proposed = Executive Assistant to the ESH Council.

The Council had no objections.

4.1.b Position of Treasurer (T. Weber)

The term of the current ESH Treasurer J. Polonia will end with the Annual Meeting in Milan.

The proposed candidate for his succession was presented = Jan Danser.

The Council had no objections. The position will be confirmed during the General Assembly in May in Milan.

4.1.c New position in the Council: YI Representative (T. Weber)

The main goal for this new position is it to replace the position of the Executive Officer for the ESH Young Investigators Program by a Young Investigator Representative in the Council.

YI-Nucleus = currently 14 (from the Summer Schools 2022-2024)

Candidates:

Diana Ferrao, Portugal

Christina Antza, Greece (also Chair of the WG on Diabetes and Metabolic Risk Factors)

Yusuf Ziya Sener, Turkey

The YI-Nucleus had been asked during the last online meeting to select within the group. The result is still pending but will be done before the Milan meeting.

4.1.d ESH Representative on ESC Council on Hypertension (T. Weber)

In October 2024, T. Weber received an email from Isabella Sudano, the new President of the ESC Council on Hypertension. Her request was to nominate an ESH board member to represent the ESH on the ESC Council on Hypertension.

The proposed candidate is K. Tsioufis. The Council had no objections.

4.2 Working Groups (A. Persu)

4.2.a General information / changes

A. Persu gave an overview of the 15 ESH Working Groups and their Chairs, Vice-Chairs and Secretaries. The boards of most of the Working Groups changed in 2024. There have been no major changes since the last Council meeting.

All Annual Reports of the Working Groups have been received and uploaded to the ESH website.

4.2.b New proposals for Working Group position papers/consensus papers

A. Persu presented all recent requests for new position papers received from the WGs.

WG on Blood Pressure Monitoring

- Blood pressure measurement in public spaces (kiosk) – to be published as consensus paper (also endorsed by the ISH and WHL) in J Hypertens
- Nocturnal blood pressure: pathophysiology, measurement and clinical implications

WG on Hypertension in Women

- Postpartum hypertension: etiology, diagnosis, and management – to be published in J Hypertens

WG on Lifestyle, Cardiovascular Pharmacotherapy and Adherence

- Position paper Hypertension and Oncology – to be published in EJIM
- Non-adherence to antihypertensive medications – to be published in Hypertension

WG on Environment in Hypertension

- Environmental pollution and climate change in relation to hypertension – to be published in Cardiovascular Research

The Council had no objections on the presented papers.

WG on Diabetes and Metabolic Risk Factors

- Obesity and heart failure – A “how to manage” study – to be published in J Hypertens (endorsed by the Association for the Study of Obesity) → this is an updated paper from 2016

The Council asked A. Persu to communicate the following requests to Christina Antza so that the paper can be finally approved: C. Antza to contact the ESH Working Group on Hypertension and Heart and the word “hypertension” to be added to the title.

The WG on Device-based treatment of Hypertension request the ESH endorsement for a newsletter edition of ESH Clinical Updates & News (in Blood Pressure) with the title of “Renal Denervation in the Spotlight: Key Takeaways from the 2024 ESC Hypertension Guidelines”.

In general, the Council would be supportive but as this would be an ESH WG document, the ESH guidelines should remain at the forefront. It was suggested to change the title from “Renal Denervation in the Spotlight: Key Takeaways from the 2024 ESC Hypertension Guidelines” to “Renal Denervation in the Spotlight: Key Takeaways from recent Hypertension Guidelines” and make sure that the content is balanced and both guidelines are discussed.

A. Persu will reach out to Joachim Weil to request the discussed changes.

The WG on Large Arteries proposed a questionnaire on the clinical value of PWV assessment in current practice to better understand the landscape on this topic across Europe. The survey will be sent to the members of the Clinical Practice WG of the ARTERY Society and the members of the ESH WG on Large Arteries.

The Council had no objections.

R. de Pinho proposed transforming the GP Network into an official ESH Working Group.

All Council members were in favor of this. The official founding meeting will take place in Milan.

4.3 Meetings / Education

4.3.a ISH-ESH Joint Meeting 2028 – Update (T. Weber, C. Delles)

Meetings with ISH took place in December 2024 and January 2025 with the following outcome:

- A joint meeting will be held in 2028 in Europe – date in June preferred
- In the title of the meeting the joint nature will be expressed by the term “ISH/ESH”. For the subsequent joint meeting the term “ESH/ISH” will be used.
- All activities including development of the programme will be shared equally between ESH and ISH.
- Financial split needs to be defined well in advance.

- Both parties to nominate a team of four to deal with the immediate formalities of the collaboration and to agree on details, including a bidding process for the venue, roles of local organising committees etc.
The ESH nominated Thomas Weber, Christian Delles, Lene Halvorsen and Reinhold Kreutz as representatives. This small group will be superseded by a regular organising committee as soon as possible.
- Representatives of ISH: George Stergiou (ISH President), Kazuomi Kario (ISH Secretary), Cesar Romero (ISH Treasurer), Bryan Williams (ISH Past President)

In the meantime, a Memorandum of Understanding has been drawn up and signed.

The invitation to bid for the joint meeting will be sent to all National Hypertension Societies in Europe shortly.

4.3.b ERA – Memorandum of Understanding (R. Kreutz)

R. Kreutz reported that a Zoom meeting took place on January 10, 2025 between him and Giuseppe Palladino, Research, Development and Innovation Director (ERA) and David Simon, Scientific Program Specialist (ERA). The meeting was initiated by R. Kreutz to discuss the Joint Session for the Milan meeting and a Memorandum of Understanding (MoU).

Summary:

G. Palladino explained that they changed the rules:

- Past rules: registration/travel and 1 night were covered.
- New rules: registration and 3 nights are covered; travel is not covered.

They want the persons to stay for the whole meeting, despite it is costlier than the previous rule. Delegates have to pay the accommodation by themselves to avoid “no shows”. But they will be reimbursed.

ERA will send one “ambassador” to joint sessions of other societies: for ESH 2025 this is Dr. Marieta Theodorakopoulou (marietatheod@gmail.com); she is a fellow – co-worker of Pantelis Sarafidis. ESH ambassador to ERA 2025 meeting; Roland Schmieder was suggested by ERA; R. Kreutz confirmed this.

ERA will send out new rules / information to other societies in June 2025.

They aim for at least 25% women in an active role; goal will be 50%.

It was discussed whether the ESH should establish the same rules for cooperation with other societies. However, the conclusion was that all societies with which the ESH cooperates have different rules for cooperation. The ESH should therefore adapt and also strive for separate rules.

4.3.c Summer School 2025 in Sweden

This topic was discussed under topic 3 – report of Task Force 5.

4.3.d ESH Endorsements

An overview on the current rules for endorsements was presented very briefly.

R. Kreutz asked for the endorsement of a symposium titled “Hypertension a common link in the Cardiovascular-Kidney-Metabolic-Syndrome to take place on September 6, 2025 at the Royal Castle in Warsaw, Poland. Organizers will be A. Januszewicz, R. Kreutz and M. Spiewak. The symposium is supported by a grant from the Ministry of Science in Poland.

The Council had no objections.

The topic of the ESH-LASH Summer School was raised again by T. Weber. He pointed out that he was not aware of this program as he was not involved in the program or the planning. He suggested that the Task Force on Educational Activities should develop some general rules for the endorsement of events such as this.

4.3.e Cooperation with Indian Agencies (C. Delles)

C. Delles reported on some cooperation requests he had recently received from two Indian agencies. He showed an example from Medeuon. They asked him to be a speaker for a series of webinars for Indian doctors.

A discussion was raised about the trustworthiness of these requests. M. Massaro reported that they receive many similar requests around the Annual Meetings and beyond. These agencies never disclose their clients and what they will end up doing with the content they request.

R. Kreutz also reported on his rather bad experiences with such requests and would tend to advise against collaborations, as too few details are usually known and are not disclosed even when asked.

The conclusion was that no ESH endorsement would be granted for the Medeuon request. C. Delles can, however, participate in the webinars as a speaker. He should contact them and invite them to the Milan meeting to discuss future collaboration.

A good approach for this topic would also be to use G. Parati's good relations with the Indian Hypertension Society. Together with the Indian Society, the ESH can identify some agencies that are trustworthy partners for future collaborations.

4.3.f Joint Guidelines Paper – ESC-ESH, Mafoud, Lauder, Weber (T. Weber)

T. Weber reported about the progress of a joint ESC-ESH paper on the topic of “European Hypertension Guidelines in 2024: Key recommendations for clinical practice”. This paper is already in preparation and they aim for a publication in Nature Medicine.

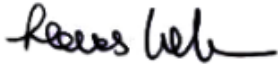
4.4 Communications

The ESH appearance on social media, explicitly the appearance on X (formerly Twitter) was discussed already under topic 3 – report of Task Force 5.

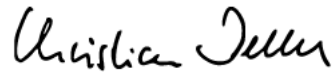
5. ADJOURN (T. Weber)

T. Weber reminded the Council members that the next Council meeting will take place on Friday, May 31 in Milan, Italy.

T. Weber thanked everyone for the good and fruitful discussion and closed the Council meeting in Milan.



Thomas Weber
ESH President



Christian Delles
ESH Secretary