

## Annual Working Group Report Form

**Year/time period of report:** 2024

**Name of Working Group:** Working Group on Endocrine Hypertension

**Name of Working Group Section** (if applicable): N/A

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### Composition of Working Group

**Chair:**

Aleksander Prejbisz

Email: aprejbisz@ikard.pl

Year of appointment: 2023

Year of birth: 1977

**Vice-Chair:**

Laurence Amar

Email: laurence.amar@aphp.fr

Year of appointment: 2023

Year of birth: 1977

**Secretary:**

Paolo Mulatero

Email: paolo.mulatero@unito.it

Year of appointment: 2023

Year of birth: 1965

### Working Group Members

Current number of members: 39

New members: 0

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### Activities of the year

Publications on behalf of the Working Group

ESH WG on Endocrine Hypertension published major guidelines on primary aldosteronism (2020 and 2020 – two parts), pheochromocytoma and paraganglioma (2020) and Cushing's syndrome (2022).

Published this year:

Members of the Working Group have co-authored a major publication on the definition of outcomes in primary aldosteronism caused by bilateral adrenal hyperplasia (PAMO

criteria) that were published in the first days of January 2025 in the Lancet Diabetes, Endocrinology and Metabolism.

In preparation:

We are planning a practice endocrine hypertension guideline to be prepared in 2025.

Meetings organized/planned this year: none

Participation to the ESH Annual Meeting

The WG was actively involved in the preparation of the ESH congress in Berlin in June 2024

Meeting of the ESH Working Group on Endocrine Hypertension

Chairpersons: Laurence Amar (Paris- France), Aleksander Prejbisz (Warsaw- Poland),

1. Are metanephrines preferable to cortisol for the normalisation of aldosterone values during adrenal vein sampling in primary aldosteronism? Silvia Monticone (Torino- Italy)
2. The new guidelines on the management of patients with incidentalomas – Guido Di Dalmazi (Bologna, Italy)
3. Risk factors for intraoperative hypertensive crisis in patients with pheochromocytomas and sympathetic paragangliomas. (Marta Araujo-Castro, Madrid Spain)
4. Target organ damage in primary aldosteronism -reversible? Austin Yen-Hung Lin (Taipei, Taiwan)

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**Scientific projects**

Completed this year: N/A

Ongoing:

PREGNANCY-RELATED COMPLICATIONS IN PRIMARY ALDOSTERONISM: A EUROPEAN SURVEY – presented during ESH 2023 meeting Vittorio Forestiero, Ester Landau, Juan Solorzano Roa, Julien Riancho, Jacopo Burrello, Elisa Sconfienza, Silvia Monticone, Martin Reincke, Marcus Quinkler, Michel Azizi, Romain Boulestreau, Paolo Mulatero, Laurence Amar

In planning for next year:

The WG is planning a project with a survey dedicated to the management of PA in ESH Excellence Centers.

**Educational projects**

Completed this year: N/A

Ongoing: N/A

In planning for next year: N/A

**Collaborations with other WGs/Scientific Societies: N/A****Other remarks: N/A****Filled by (full name): Aleksander Prejbisz****Date: 31/01/2025**

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**Appendix:**

Full board composition

List of all current WG members

Statutes

Structure of the WG on Endocrine Hypertension**Chairman:** Aleksander Prejbisz – Warsaw - Poland**Vice-Chairman:** Laurence Amar – Paris - France**Secretary:** Paolo Mulatero – Turin - Italy**Scientific Advisory Board:**

Jiri Widimsky – Prague – Czech Republic

Jacques Lenders – Nijmegen – The Netherlands

Martin Reincke – Munich- Germany

Michaelis Doulas – Thessaloniki – Greece

List of all current WG members

Agabiti-Rosei, Enrico	agabiti@med.unibs.it
Amar, Laurence	laurence.amar@egp.aphp.fr
Armanini, Decio	decio.armanini@unipd.it
Araujo Castro, Marta	marta.araujo@salud.madrid.org
Azizi, Michel	michel.azizi@egp.aphp.fr
Chamontin, Bernard	chamontin.b@chu-toulouse.fr
Chiodini, Iacopo	Iacopo.Chiodini@unimi.it
Deinum, Jaap	j.deinum@aig.umcn.nl
Di Dalmazi, Guido	guido.didalmazi@unibo.it
Doulas, Michalis	michalisdoulas@yahoo.co.uk
Eisenhofer, Graeme	graeme.eisenhofer@uniklinikum-dresden.de

Gimenez-Roqueplo, Anne-Paule	anne-paule-gimenez-roqueplo@egp.aphp.fr
Januszewicz, Andrzej	a.januszewicz@ikard.pl
Kotsis, Vasilios	ykotsis@auth.er
Lenders, Jacques	j.lenders@aig.umcn.nl
Lin, Austin Yen-Hung	austinr34@gmail.com
Mantero, Franco	franco.mantero@unipd.it
Monticone, Silvia	silvia.monticone@unito.it
Morganti, Alberto	alberto.morganti@unimi.it
Mulatero, Paolo	paolo.mulatero@libero.it
Opocher, Giuseppe	giuseppe.opocher@unipd.it
Pacak, Karel	karel@mail.nih.gov
Plouin, Pierre-Francois	pierre-francois.plouin@egp.aphp.fr
Postma, Cornelis	c.postma@aig.umcn.nl
Prejbisz, Aleksander	aprebisz@ikard.pl
Riancho, Julien	julien.riancho@aphp.fr
Rossi, GianPaolo	gianpaolo.rossi@unipd.it
Rump, Christian	christian.rump@ruhr-uni-bochum.de
Reincke, Martin	Martin.Reincke@med.uni-muenchen.de
Seccia, Teresa Maria	teresamaria.seccia@unipd.it
Sechi, Leonardo	sechi@uniud.it
Şener, Yusuf Ziya	yzsener@yahoo.com.tr
Stratakis, Constantine	stratak@mail.nih.gov
Terzolo, Massimo	terzolo@usa.net
van den Meiracker, Anton	a.vandenmeiracker@erasmusmc.nl
Widimsky, Jiri	jwidi@lf1.cuni.cz
Woittiez, Arend Jan	a.woittiez@zgt.nl
Yonit, Marcus	yonit.marcus@gmail.com

## **Approved Statutes**

### AIMS AND RESPONSIBILITIES OF THE ENDOCRINE HYPERTENSION WORKING GROUP

- Contribution and active participation to Annual ESH Meetings. During the Annual ESH Meeting, the WG organises a meeting to discuss the current and future activities of the group (“business meeting”).
- Initiation and execution of research projects
- Publication of scientific articles, reviews and position papers/ consensus documents
- Identification, recruitment and support for young investigators
- Availability to advise the ESH Council

## RULES OF THE ENDOCRINE HYPERTENSION WORKING GROUP

### Membership

- All members of a WG have to be ESH members.
- Request for membership in the WG should be sent to the Chairman of the WG.

### Yearly report

- The WGs should provide a short written yearly report to the WG Coordinator, giving information on their activities, filled in the available template.
- This report is sent to the WG members and uploaded on the ESH website

### Chairman, Vice-Chairman and Structure of the WG

- The WG has a Chairman, a Vice-Chairman and a Secretary.
- After 2 years, the Vice-Chairman becomes Chairman and a new Vice-Chairman is elected.
- Therefore, after 4 years the team Chairman-Vice Chairman will be changed.
- To be eligible, candidates to the position of Vice-Chairman need to be members of the WG since at least one year. Furthermore, the elected Vice-Chairman cannot be of the same nationality of the last 2 Chairmen.
- When the Chairman ends the 2 year became Secretariat for the following 2 years, after which they became part of the Scientific Advisory Board
- The election of the Vice-Chairman will be made by online anonymous voting organized by the ESH Office.
- The names of the Chairman and the Vice-Chairman are indicated on the website with their year of appointment.
- The Chairman cannot be a person who had this role in another WG of the ESH.