

Annual Working Group Report Form

Year/time period of report: 2024

Name of Working Group: Diabetes and Metabolic Risk Factors

Composition of Working Group

Chair

Christina Antza

Email: kris-antza@hotmail.com, antza@auth.gr

Year of appointment: 2024

Vice-Chair

Ana Jelakovic

Email: anajelakovic9@gmail.com

Year of appointment: 2024

Secretary

Vasilios Kotsis

Email: vkotsis@auth.gr

Year of appointment: 2024

Working Group Members

Current number of members: 45

New members approved this year: 3

Belancic	Andrej	a.belancic93@gmail.com
Garavelli	Florencia	garavelliflorencia@gmail.com
Ziya Sener	Yusuf	yzsener@yahoo.com.tr

Activities of the year

Publications on behalf of the Working Group

Published this year: Assessment and Management of Obese Hypertensive Patients in European Society of Hypertension Excellence Centres. A survey from the ESH Working Group on Diabetes and Metabolic Risk Factors

In preparation: N/A

Meetings organized/planned this year:

2024 International Meeting on Cardiometabolic Diseases, Obesity and Diabetes

Official Post-Congress Satellite Symposium of the 33rd European Meeting on

Hypertension and Cardiovascular Protection of the European Society of Hypertension, 5-8 September, 2024, Porto Heli (Greece).

ESH endorsement: yes

Participation to the ESH Annual Meeting:

WG meeting during ESH 2024

Working Group on Diabetes and Metabolic Risk Factors

Chairpersons: V. Kotsis (Thessaloniki, GREECE), J. Redon (Valencia, SPAIN)

14.30-14.40 Consensus of EASO and the WG: obesity induced hypertension, diabetes and dyslipidemia in obesity new practice guidelines V. Kotsis (Thessaloniki, GREECE)

14.40-14.50 Lessons of measuring BP in the space environment J. Jordan (Cologne, GERMANY)

14.50-15.00 Obesity and CKD B. Jelakovic (Zagreb, CROATIA)

15.00-15.10 Recent diabetes CVD trials on SGLT2 and GLP1 and their effects on weight and Hypertension? P. Nilsson (Lund, SWEDEN)

15.10-15.20 Hypertension centers of excellence: An opportunity to treat metabolic risk factors beyond blood pressure to reduce total CV risk J. Redon (Valencia, SPAIN)

15.20-15.30 Small and big arteries in the obese patients C. Antza (Thessaloniki, GREECE)

Scientific projects

Completed this year: Publication of the WG regarding management and treatment of patients with Obesity and Hypertension

Ongoing: N/A

In planning for next year: Collaboration paper on behalf of our Working Group and European Association for the study of obesity (EASO).

Educational projects

Completed this year: N/A

Ongoing: N/A

In planning for next year: N/A

Collaborations with other WGs/Scientific Societies: see below

Other remarks: New practical guidelines 2024-2025 for the management of obesity induced hypertension. Joint project with European Society Hypertension WG and European Association for the study of obesity (EASO).

Filled by (full name): Christina Antza

Date: 11 January 2025

Appendix:

Full board composition.

Chair: Antza, Christina

Vice-Chair: Jelakovic, Ana

Secretary: Kotsis, Vasilios

Nucleus members:

Grassi, Guido

Jordan, Jens

Nilson, Peter

Redon, Josep

List of Working Group Members

Last Name	First Name	Email
Antza	Christina	kris-antza@hotmail.com
Belancic	Andrej	a.belancic93@gmail.com
Brandao	Meireles	dr.meiselesbrandao@gmail.com
Cifkova	Renata	renata.cifkova@ftn.cz
Colussi	Gian Luca	gianluca.colussi@uniud.it
Doundoulakis	Giannis	doudougiannis@gmail.com
Eckert	Siegfried	seckert@hdz-nrw.de
Fallo	Francesco	francesco.fallo@unipd.it
Garavelli	Florenzia	garavelliflorenzia@gmail.com
Giakoumis	Michael	giakoumis.michael@gmail.com
Gkaliagkousi	Eugenia	eugalant@yahoo.com
Gourlis	Dimitris	dimitris@gourlis.com
Grassi	Guido	guido.grassi@unimib.it
Grassos	Harris	harigrass@yahoo.gr
Ihm	Sang-Hyun	limsh@catholic.ac.kr
Ivkovic	Vanja	vanja.ivkovic@gmail.com
Jelakovic	Bojan	jelakovicbojan@gmail.com
Jelakovic	Ana	anajelakovic9@gmail.com
Jordan	Jens	jordan.jens@mh-hannover.de
Katsi	Vicky	vkkatsi@yahoo.gr

Kim	Jang-Young	kimjang713@gmail.com
Kjeldsen	Sverre	sverrekj@ulrik.uio.no
Kobuko	Yoshirhiro	ykokubo@ncvc.go.jp
Kotsis	Vasilios	vkotsis@auth.gr
Luft	Friedrich C.	luft@charite.de
Mancia	Giuseppe	giuseppe.mancia@unimib.it
Martell Claros	Nieves	nmartellc@terra.es
Narkiewicz	Krzysztof	knark@amedec.amg.gda.pl
Nilsson	Peter M.	peter.nilsson@med.lu.se
Overgaard Andersen	Ulla	ullaoa@dadlnet.dk
Papadakis	Ioannis	papadakisja@hotmail.com
Pascual	Jose M.	pascual_jma@gva.es
Pecin	Ivan	ivanpecin@yahoo.com
Rajkumar	Chakravarthi	da.elderlycare@bsuh.nhs.uk
Redon	Josep	josep.redon@uv.es
Ruilope	Luis	ruilope@ad-hocbox.com
Sarafidis	Pantelis	psarafidis11@nhs.net
Sarzani	Riccardo	r.sarzani@staff.univpm.it
Schmieder	Roland	roland.schmieder@rzmail.uni-erlangen.de
Sharma	Arya M.	amsharm@ualberta.ca
Sokolovic	Sekib	sekib@bih.net.ba
Strazzullo	Pasquale	strazzul@unina.it
Trefný	Zdenek M.	z.m.trefny@mbox.vol.cz
Wiecek	Andrzej	awiecek@spskm.katowice.pl
Ziya Sener	Yusuf	yzsener@yahoo.com.tr