

Annual Working Group Report Form

Year/time period of report: 2024

Name of Working Group: Working Group on Lifestyle, Cardiovascular Therapy and Adherence

Composition of Working Group

Chair

Name: Jorie Versmissen

Email: j.versmissen@erasmusmc.nl

Year of appointment: 2024

Jorie Versmissen succeeded Michel Azizi in June 2024.

Vice-Chair | Lifestyle

Name: Veronique Cornelissen

Email: veronique.cornelissen@kuleuven.be

Year of appointment: 2022

Vice-Chair | Pharmacotherapy

Name: Jan Vaclavik

Email: hypertenze@centrum.cz

Year of appointment: 2024

Vice-Chair | Adherence

Name: Pankaj Gupta

Email: Pankaj.Gupta@uhl-tr.nhs.uk

Year of appointment: 2024

Secretary

Name: Vitoria Cunha

Email: vitoria.mcunha@gmail.com

Year of appointment: 2024

Working Group Members

Current number of members: 73

New members approved this year: 3

Andrej Belančić, Croatia, a.belancic93@gmail.com

Tom McCartan, Ireland, Tommccartan@nazatabio.com

Patel Prashanth, UK, Prashanth.Patel@uhl-tr.nhs.uk

Activities of the year

Publications on behalf of the Working Group

Published this year:

Lifestyle management of hypertension: International Society of Hypertension position paper endorsed by the World Hypertension League and European Society of Hypertension
J Hypertens 2024 23-49

In preparation:

Patient perspectives on treatment adherence (expected Q1/Q2 2025)

Clinician practice regarding monitoring sodium and potassium intake in patients with hypertension (expected Q3/Q4 2025; abstract submitted ESH meeting 2025)

Position paper on Hypertension & Oncology (expected 2025)

Position paper on Non-Adherence (expected 2026)

Meetings organized/planned this year: online meeting of working group

ESH endorsement: yes

Participation to the ESH Annual Meeting:

Working Group on Pharmacotherapy, lifestyle interventions and adherence 31 May 2024

Chairpersons: M. Azizi (Paris, FRANCE), J. Versmissen (Rotterdam, THE NETHERLANDS)

1. Chemical adherence testing for personalized feedback in patients with resistant hypertension J. Versmissen (Rotterdam, THE NETHERLANDS)
 2. Lifestyle management of hypertension: International Society of Hypertension position paper V. Cornelissen (Leuven, BELGIUM)
 3. How to increase partnership between patients and healthcare providers for improving medication adherence M. Burnier (Lausanne, SWITZERLAND)
 4. A siRNA targeting angiotensinogen to treat hypertension M. Azizi (Paris, FRANCE)
 5. Baxdrostat and other aldosterone synthase inhibitors R. Olde Engberink (Amsterdam, THE NETHERLANDS)
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Scientific projects

Completed this year:

Patient perspectives on treatment adherence

Clinician practice regarding monitoring sodium and potassium intake in patients with hypertension

Ongoing:

A multicentre evaluation of the prevalence and characteristics of non-adherence in patients with hypertension attending hypertension clinics – Expected Dec 2025

Position paper on Hypertension & Oncology (expected 2025)

Position paper on Non-Adherence (expected 2026)

In planning for next year: shared grant application on drug adherence

Educational projects

Completed this year:-

In planning for next year: discussion during annual WG meeting shared project focusing on education of healthcare professionals and patients

Collaborations with other WGs/Scientific Societies: Hypertension and the Kidney, Hypertension and the Heart; British and Irish Hypertension Society

Other remarks: /

Filled by (full name): Jorie Versmissen

Date: 30/01/2025

Appendix:

List of all current WG members incl. full name, e-mail

Last Name	First name	Country	Email-address
Agabiti Rosei	Enrico	Italy	enrico.agabitirosei@unibs.it
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