

National Hypertension Congress 2025 "50 Years of Hypertension and Medicine"

Friday, February 7, 2025
Hotel Theater Figi, Zeist, The Netherlands

PRELIMINARY AGENDA

08:45 – 09:25 Registration and Reception

Chairs: Prof. Dr. Bert-Jan van den Born, internist-vascular medicine specialist, Amsterdam UMC
Dr. Sabine Käyser, primary care physician specialized in cardiovascular disease, Nijmegen

09:25 - 09:30 Welcome and Opening

Prof. Dr. Bert-Jan van den Born, internist-vascular medicine specialist, Amsterdam UMC

09:30 - 10:00 Unlocking the mysteries of sleep: from physiology to clinical practice

Prof. Krzysztof Narkiewicz, Head of the Department of Hypertension and Diabetology,
Medical University of Gdansk, Gdansk, Poland

10:00 - 10:30 Autonomic Failure: a practical guide

Dr. Paul Krediet, internist-nephrologist, Amsterdam UMC

10:30 - 11:00 Thiazide diuretics and skin cancer

Dr. Rik Olde Engberink, internist-nephrologist and clinical pharmacologist, Amsterdam UMC

11:00 - 11:30 Break

Chairs: Dr. Daan van Twist, internist-vascular medicine specialist, Zuyderland MC, Geleen/Heerlen
Dr. Sabine Käyser, primary care physician specialized in cardiovascular disease, Nijmegen

11:30 - 12:15 Clinical case presentations

Case 1 – An unusual form of hypertension

Tom Jansen, internist-vascular medicine specialist in training, Radboudumc, Nijmegen

Case 2

Subject and speaker to follow

12:15 - 12:30 NHV Young Researchers Award

Presented by Prof. Dr. Liffert Vogt, internist-nephrologist, Amsterdam UMC

12:30 - 13:15 Lunch

Chairs: Prof. Dr. Liffert Vogt, internist-nephrologist, Amsterdam UMC
Beppie de Jager, nurse specialist AGZ, Isala, Zwolle

13:15 - 13:45 Stress, depression, and cardiovascular risk

Prof. Dr. Brenda Penninx, professor of psychiatric epidemiology, Amsterdam UMC

13:45 - 14:15 The preference policy and drug shortages in the Netherlands

Drs. Jean Hermans, chairman of the Biosimilars and Generic Medicines Industry
Netherlands (Bogin), The Hague

14:15 - 14:45 Break

14:45 - 15:15 Pro/con debate: New treatments for hypertension are urgently needed

Dr. Wilko Spiering, internist-vascular medicine specialist, UMC Utrecht
versus

Dr. Melvin Lafeber, internist-vascular medicine specialist, clinical pharmacologist and
epidemiologist, Erasmus MC, Rotterdam

15:15 - 15:45 The worldwide burden of hypertension and how to reduce it

Prof. Neil Poulter, professor of Preventive Cardiovascular Medicine and co-director of the
International Centre for Circulatory Health, Imperial College London, London, UK

15:45 - 16:15 50 Years of the Hypertension Society

Prof. Dr. Peter de Leeuw, internist, Maastricht UMC

16:15 - 16:30 Closing and Summary