

Minutes of the Meeting of the ESH Scientific Council

January 28, 2023

NH Collection CityLife, Milan, Italy + virtual

2:00 PM – 6:00 PM CET

PRESENT ON-SITE

ESH-Council members and officers

G. Grassi, President
A. Januszewicz, Secretary
R. Kreutz, Immediate Past President

E. Agabiti Rosei	G. Parati
M. Burnier	A. Persu
J. Danser	K. Tsioufis
G. Mancia	

VIRTUAL

ESH-Council members and officers

E. Lurbe, Vice President
T. Weber, Officer at Large/EC Coordinator

J. Brguljan	A. Manolis
C. Delles	A. Pathak
M. Doumas	R. de Pinho
Z. Jarai	P. Van de Borne
T. Kahan	

Other participants

M. Elgner – ESH Coordinator (on-site)
R. Lynch – ESH Secretariat (virtual)
M. Massaro – AIM (on-site)

Apologies

A. Coca
D. Lovic
J. Polonia

1. PRESIDENT'S WELCOME

The ESH President, G. Grassi, welcomed all members (present and virtual) to the ESH Council meeting. He especially welcomed the new Executive Officer for the establishment of the ESH GP Network, Rosa Maria de Pinho, to her first Council Meeting.

2. APPROVAL OF MINUTES – ESH SCIENTIFIC COUNCIL ZOOM MEETING ON OCTOBER 29, 2022 (A. Januszewicz)

The minutes of the Zoom Council Meeting held on October 29, 2022 in Warsaw, Poland, were accepted unanimously by the Council and are available on the ESH website in the Council Area where they can be consulted by the Council members.

3. TREASURER'S REPORTS

3.a ESH Financial Report (J. Polonia)

J. Polonia presented the unaudited financial statement of the ESH on December 31, 2022. All figures were presented in Swiss Francs.

Net assets at beginning of period = 1.893.397
Net assets at end of period (Sept 2022) = 1.870.345
Total income = 304.532
Total expenditures = 327.585

Again, the question of the exchange rate differences was mentioned. F. Riesch of Ornitag questioned whether it may be a good idea to buy CHF. However, as all expenditures are in EUR and all incomes are in EUR, there will always be exchange rate differences to be taken as a "virtual loss".

The overall situation continues to be stable.

3.b FESH Financial Report (M. Burnier)

M. Burnier presented the unaudited financial statement of the FESH on December 31, 2022. All figures were presented in Swiss Francs.

Stable situation, increased by almost 37.000.

Net assets at beginning of period = 508.269
Net assets at end of period (Sept 2022) = 546.081
Total income = 263.827
Total expenditures = 226.015

The allowance of € 98,000 was transferred from ESH to FESH. Furthermore, support from Servier was received for the Adherence project in the amount of € 100,000.

The Summer School expenses in 2022 were 114.600 CHF, there is usually a limit of € 100.000. However, with support from some companies, we have a sum of around € 120.000. Further discussion on the allowance for the Summer School is needed, although the FESH allowance practically covers the Summer School costs. AIM will circulate a budget with all costs shortly.

4. ESH BUSINESS MATTERS

4.a Journal of Hypertension – Status of new contract (R. Kreutz)

R. Kreutz reported on the status of the new contract with the publisher of the Journal of Hypertension, Wolters Kluwer (WK). The contract was finally signed in late December 2022 in order to secure the royalties for 2022. It will end on December 31, 2026.

The key points of negotiations were:

- Mandatory subscription has been abolished
- Royalties:
 - 7.5 % of up to 1,900,000 USD operating income per calendar year
 - can increase to 9 % if the operating income of the JH exceeds 1,900,000 USD
 - can decrease to 6 % if the revenue from society member subscriptions doesn't exceed 25,000 USD and if the operating income of JH doesn't exceed 1,900,000 USD
- 150 free pages in normal years; 250 free pages per year in years of the publishing of new hypertension guidelines

4.b Membership Renewals 2023 (R. Kreutz)

A brief announcement was included in this year's New Year's Greetings at the beginning of January, informing ESH members of the changes in membership fees and the renewal of the membership database.

The next step will be to send a detailed email to ESH members inviting them to re-apply for ESH membership and announcing the opening of the online payment platform. This email will also include the information on the 2 new membership categories as confirmed at the ESH General Assembly in Athens 2022. The new categories are:

- (1) Standard Membership = € 100 per calendar year
- (2) Reduced Membership (young fellows until the age of 35, other healthcare professionals (e.g., nurses) and professionals from low-income countries) = € 50 per calendar year

→ Both categories do NOT include a subscription to the JH

If someone is interested in a subscription to the JH, they will be directed to the publisher's website via a direct link on the ESH website. A subscription at a special rate of 135 USD per year will be available for ESH members.

Furthermore, it was decided that all ESH Council members must also pay the membership fee. The only exception to the payment of membership fees applies to Honorary Members (according to ESH By-Laws).

4.c Ex-officio Representatives on ESH and ISH Councils (G. Grassi)

ESH has received an official letter from ISH President Bryan Williams reporting a structural change to their society in order to become an incorporated charity. This will result in the abolition of inter-society representations, which applies not only to ESH but also to other societies.

For ESH the results are:

- Claudio Borghi (ISH Representative on ESH Council) will no longer attend ESH Council Meetings

- Enrico Agabiti-Rosei (ESH Representative on ISH Council) will no longer attend ISH Council Meetings

The ESH By-Laws will be updated accordingly during this year's General Assembly.

In order to maintain the good relationship between the 2 societies (established during the Presidency of Reinhold Kreutz and Maciej Tomaszewski), it was suggested that the Society Presidents will meet on a regular basis.

ESH will continue to have 2 Ex-officio officers: Michel Burnier (FESH treasurer) and Zoltan Jarai (Representative of National Hypertension Societies).

4.d Candidates for vacant Council member positions (G. Grassi, A. Januszewicz)

G. Grassi reminded the Council of the necessity to elect new ESH Council members as the terms of Empar Lurbe (Vice-President) and Thomas Kahan will end in June 2023. He asked those present to send proposals to the ESH Secretary and Coordinator as soon as possible.

4.e GP Network (R. Kreutz)

R. Kreutz welcomed Rosa de Pinho once again and congratulated her on behalf of the entire Council as the new Executive Officer for the establishment of an ESH GP Network. R. de Pinho briefly introduced herself and thanked the Council for the trust put in her to take on this important project.

The next step will be to establish a nucleus at the ESH 2023 Meeting in Milan including:

- Confirmed members: Rosa de Pinho, Reinhold Kreutz, Michael Doumas
- Other interested candidates: Agnieszka Mastalerz-Migas (Poland), Jean-Marc Boivin (France), János Nemcsik (Hungary)

G. Parati mentioned that he has another candidate from his institute = Fabio Albini. He will send the contact details to the group.

4.f Corporate Membership – Update (A. Pathak)

A brief update on the possibility of corporate members was given by A. Pathak.

Corporate members:

- Companies, association of people medically related (pharma, biotech, device, technology),
- Health related (food industry, insurance)
- Interested in health for their own development (retail, cars)
- New types of fundings such as private donations (family companies, single families).

What can we offer potential corporate members:

- Visibility
- Access to meetings
- Tailored access to experts
- Access to the board
- Strategy guidance

As an example, A. Pathak listed several scientific societies with corporate members:

- Canadian Society of Hypertension
- American Heart Association

- European Association for the Study of Diabetes
- Asian Pacific Society of Interventional Cardiology

He shared the Corporate Funding document listing funding received in 2020/2021 by the AHA. The companies funding AHA are those currently funding drugs for heart failure, AstraZeneca and Boehringer are the top corporate funders. Device companies e.g., Medtronic are not funding as much as the drug companies. An interesting point to note is that multi-funding may be received from different branches within the same pharma company. Another important point to consider for the future is Google Life Science.

If ESH decides to have corporate members, we need to offer them things that go beyond what we traditionally do, we need to THINK BIG! It's not only about education, research, supporting the annual meeting but offering new ideas and initiatives: create Hypertension Health.

Tasks for 2023:

- Define strategy for Corporate Membership
- Prepare package: Gold, Silver, Associate Membership?
- Define our targets
- Define the pricing of memberships (based on levels)

A list of potential benefits for the corporate members was proposed.

4.g Funding from tobacco industry (G. Grassi, R. Kreutz)

ESH is repeatedly approached by companies from the tobacco industry to accept them as sponsors at ESH congresses to promote the "healthy" way of smoking. A lively discussion on this matter followed. R. Kreutz pointed out that ESH needs a clearly formulated final decision, which will be recorded in the minutes. All Council members unanimously agreed to the resolution that ESH will NOT support the tobacco industry. All sponsoring offers will be rejected.

5. 2023 ESH HYPERTENSION GUIDELINES (G. Mancia, R. Kreutz)

R. Kreutz provided a brief update on the progress of this important project. The overall draft will be completed in February by the Steering Committee. It will then be reviewed by the Task Force Members and external Reviewers.

The final draft should then be ready in March. The presentation of the Guidelines will take place in the afternoon of June 24, 2023 at the ESH 2023 Annual Meeting in Milan.

The Guidelines will be freely available in the Journal of Hypertension and will also be published in the European Journal of Internal Medicine. A decision on whether the full Guidelines document or a shorter version will be published in Blood Pressure needs to be taken. M. Burnier and R. Kreutz will liaise again on this matter.

6. ESH EXCELLENCE CENTRES PROGRAM & HYPERTENSION SPECIALIST PROGRAM (T. Weber)

6.a ESH Hypertension Specialist Program - Update

T. Weber, on behalf of M. Doumas and C. Delles, who have joined him to collaborate on the Hypertension Specialist and the Excellence Centres programs, gave a brief update on the "Indian

affair". After several contacts with Prof. Venkata Ram, it was decided that the over 600 applications by Indian physicians not up to ESH HTN Specialist standards, would be withdrawn.

Four new applications have been approved including a very good individual application from India.

Some decisions on the Hypertension Specialist program need to be made, especially for the new GP program, how much scientific background /activity is required to be a hypertension specialist.

6.b Excellence Centres

Two new Excellence Centres have been approved, one from the Czech Republic and one from Austria.

T. Weber reported on the E.C. Ongoing questionnaires:

- An abstract on Transition Practices of Hypertensive Youth from Pediatric to Adult Health Care amount ESH Excellence Centres will be presented at ESH 2023.
- An abstract also on Diagnosis and Treatment of Hypertensive Urgencies and Emergencies will be present at ESH 2023.
- A questionnaire on "Lifestyle Modification" will be circulated in February/March 2023 and a second questionnaire "A Survey to Identify Current Practices on Treatment of Adults >/-75 Years Across Different Specialties in Europe" will be circulated in April/May 2023.

T. Weber reported on proposals/questions for the restructuring of the required criteria for Excellence Centre status:

- Updating of application form
- Full reaccreditation round
- Purely scientific centres
- International/national recognition
- International /national research in hypertension care
- One E.C. per clinic
- Retirement (new application needed for takeover)
- New application if there is a transfer of heads of E.C.
- What can be offered to E.C.,
- Include National Societies
- Include E.C. representatives in the E.C. core group,
- Publish final E.C. criteria updates in the Journal of Hypertension.

7. ESH WORKING GROUP ACTIVITIES (A. Persu)

7.a Last changes in WG structure and leadership

A. Persu reported on some changes in the structure and leadership of the WGs since the last Council meeting in Athens in June 2022.

The changes are as follows:

WG on Hypertension and the Brain

Election for Chair position took place in November.

Chair

Previous = Pedro Cunha

New = Dagmara Hering

Vice-Chair

Cristina Sierra will remain Vice-Chair.

WG on Small Arteries

Election for Vice-Chair position took place in the end of 2022.

Vice-Chair

Michalis Doumas

In 2023, there will be 2 elections for the Chair of the following WGs:

WG on Diabetes and Metabolic Risk Factors

Current Chair = Vasilios Kotsis

According to the WG regulations, the current Vice-Chair should take over the position of Chair. This is currently Christina Antza.

WG on Endocrine Hypertension

Current Chair = Paolo Mulatero

According to the WG regulations, the current Vice-Chair should take over the position of Chair. This is currently Aleksander Prejbisz.

7.b + c Annual Working Group Reports + Applications of Summer School participants to WGs

ESH has again requested all WGs to complete an Annual WG Report Form by the end of 2022. The reports have now become well established.

The reports were evaluated with regard to various figures. The following overviews were shown to those present:

- Number of current members
- Number of new members incl. Summer School participants from 2022
- Number of publications in 2022
- Number of publications in preparation for 2023

7.d Update on WG publications and projects

A. Persu presented an update on the "HAMA" project. This project is fully integrated in the WG on Hypertension and the Kidney. The paper and design of the study should appear in the Journal of Hypertension in March. The analysis of the first 300 patients is in preparation and could also be submitted this year.

A survey on transition of hypertensive youth from pediatric to adult care units was carried out among ESH E.C. by E. Lurbe and S. Stabouli and an abstract has been submitted.

A survey by the WG on Diabetes and Metabolic Risk Factors on management of obese hypertensive patients in ESH E.C. will be carried out by V. Kotsis and C. Antza.

The WG on HTN and CVD in Special Populations Section HTN in older Adults will carry out a survey to identify current practices on treatment of hypertension in adults >/-75 years across different specialties in Europe (A. Benetos et al.).

The Position Paper by the ESH WG on Blood Pressure Monitoring and Cardiovascular Variability on “Blood Pressure Variability: methodological and pathophysiological aspects, clinical relevance and practical indications” by G. Parati, G Stergiou, G. Bilo is in press Journal of Hypertension.

There are three position papers in preparation:

- 1) Hypertensive disorders in pregnancy – WG on HTN and CVD in Special Populations Section HTN in Women. Expected submission to Journal: May/June 2023.
- 2) Blood pressure management in post-stroke patients: consensus article from the ESH WG on Hypertension and the Brain. Expected submission to the Journal: October 2023.
- 3) Also considered: Key modifiable risk factors and their impact for dementia prevention.

ESH Clinical Update and News proposed by WGs:

- 1) WG on HTN and the Brain (D. Hering)
 - Predictive value of new cardiovascular tools for stroke risk reclassification.
 - 24-hour ambulatory blood pressure monitoring and brain silent (whispering) damage
- 2) WG on device-based treatment of HTN (+ webinar) (K. Dimitriadis)

7.e WG scientific meetings ESH 2023 Meeting

All WGs have submitted programs for the Friday meeting in Milan. The program by the Hypertension and Cardiovascular Diseases in Special Populations still has to be finalized. The WG meetings have all been confirmed for Friday, June 23rd. The hands-on Workshop on Renal Ultrasound will be integrated into the Friday WG program.

8. ESH YOUNG FELLOWS PROGRAM (J. Danser)

J. Danser reported that a core group of Young Fellows met for the second time in December last year. The group will meet monthly from now on.

The results of the meeting are:

- Generation of novel ideas for a better YF participation at ESH 2023 and ESH in general
- Selection of “social-media ambassadors” to support AIM team promoting the congress
- Letter was sent to all 2019 and 2022 Summer School participants asking them for input for the ESH 2023 Milan meeting and their willingness to participate in the YF programme:
 - Result: 6 responses out of 109 emails (incl. reminder)
 - Further ideas for the congress program were collected which are currently being evaluated by the ESH 2023 Programme Committee

At the next meeting in February, the possibilities of involvement for the YF group at ESH 2023 will be discussed more in detail, after the possibilities were discussed at the Programme Committee meeting in Milan on January 28, 2023.

9. ESH SUMMER SCHOOL 2023 – Update (G. Parati, J. Brguljan, M. Massaro)

G. Parati outlined again that the main issue of this year’s Summer School is to find the optimal balance between the school quality and the need to reduce costs.

They have been searching for quite a long time to find a venue that can offer appropriate facilities at a reasonable price in September. Since September is holiday season in Italy, hotels are very expensive and can be booked out.

A long discussion followed on the possibilities to reduce costs. The result was the following:

- Budget of 120.000 € should be kept → if there is a gap it needs to be funded by sponsors
- Number of participants will be reduced: 1 candidate per country → max 50 participants
- Focus on local speakers
- If speakers come from outside Italy, they have to stay several days and give 3-4 lectures

The only possible option in Italy that has meeting space, hotel rooms and is easily reached, is Villa Cagnola, Gazzada Schianno (Varese), Italy. If the number of participants is reduced, faculty and students can be accommodated in the same hotel. M. Massaro will adjust the budget to the new numbers. Maybe this way we can stay within the budget of 120,000 €.

The date for the 2023 ESH Summer School will be September 24 – 30.

10. ESH RESEARCH PROJECTS

10.a ESH ABPM Covid-19 Study | Update (A. Januszewicz, T. Weber)

A. Januszewicz informed the Council that the protocol study article has been published in Blood Pressure. Twenty-one clinical centres across Europe were involved in the study and 3680 ABPMs were carried out, a large number considering that during COVID-19 pandemic ABPMs were suspended in most centres in Europe.

From December through May the database was finalized. Promising data from preliminary statistics is available indicating the detrimental effects of COVID-19 pandemic on blood pressure in patients with hypertension based on ambulatory blood pressure measurements.

W. Wojciechowska has started working on the first draft of the manuscript which is expected to be ready by end February 2023.

Special thanks were made to W. Wojciechowska for coordinating the study and to M. Elgner for her assistance.

10.b “Exposure to Trauma and Hypertension in Ukrainian Refugees” - Update (A. Persu, M. Burnier)

A. Persu gave an update also on behalf of M. Burnier and K. Narkiewicz, on the project to investigate the impact of war-related trauma exposure on the development and progression of arterial hypertension and cardiovascular diseases in Ukrainian refugees.

This is quite an ambitious project. The analysis on the first 50 patients has been completed and an abstract has been submitted for ESH 2023. The request for ESH endorsement was approved by the Council.

10.c OMRON Academy – Update (A. Persu, A. Januszewicz)

A. Persu reported on the revision of the OMRON slides which he is doing in collaboration with M. Lopez-Sublet and P. Delmotte. In the next two weeks the revision of 4-5 slides will be finished.

A. Persu is in regular contact with OMRON. He believes that that will be able to deliver all the revised slides, with the exception of the slides on the Guidelines, before the ESH meeting. All the slides will need short updates after the new Guidelines are ready.

R. Kreutz briefly explained the reason for the revision of the OMRON slides. ESH received an educational grant and support from OMRON for the ABPM study and in return ESH will revision this educational material.

R. Kreutz also anticipated ESH will also receive €100,000 educational grant from AstraZeneca supporting a campaign on chronic kidney disease next year.

10.d Situation of the National Board Certification as a Hypertension Specialist in Europe – Update (A. Januszewics, Z. Jarai)

The idea for this project was generated during a meeting of the Presidents of the National Societies at the ESH meeting in Athens 2022 with the aim to analyze the different situations in hypertension programs across Europe.

The following Task Force was created:

G. Grassi, R. Kreutz, A. Januszewicz, Z. Jarai, T. Weber, A. Mastalerz-Migas, RM de Pinho, P. Van de Borne, M. Elgner.

The protocol is almost ready and will be distributed to all Presidents of National Societies in Europe and to Council Members. Once the data is obtained a manuscript will be prepared.

10.e eprObes – Early Prevention of Obesity: Horizon Europe Framework Programme (E. Lurbe)

E. Lurbe briefly presented the eprObes project which is a new European project already approved by the European Commission.

- The project is promoted by HyperChildNET COST Action
- 8 of the 18 partners are HyperChildNET members
- The project is supported by the ESH
- Large-scale project with a budget of 10M€ with a duration of 5 years

One hundred proposals were submitted for this project. Of these 100 proposals 18 were invited to submit the second stage, one in three were approved for funding.

The grant agreement is in preparation and will be signed in March 2023. A kick-off meeting will take place in April in Madrid.

The eprObes Consortium members are from 18 organizations and represent 9 countries.

The Advisory Board is made up of members from:

- European societies and stakeholder networks, one of which is the European Society of Hypertension.
- Academic organizations
- Industry organizations for early-stage nutrition

The Advisory Board will meet once a year and part of the budget will cover travel and organization of the Advisory Board meetings.

R. Kreutz congratulated E. Lurbe for being selected to participate in this prestigious project.

11. ESH CLINICAL UPDATE AND NEWS

A. Pathak reported on the upcoming 3 topics for 2023:

WG on Hypertension and the Brain:

- (1) Predictive value of new cardiovascular tools for stroke risk reclassification
- (2) 24-hour ambulatory blood pressure monitoring and brain silent (whispering) damage

WG on Device-based Treatment of Hypertension

- (3) Update after RDN recent trials

He pointed out that there are still 1-2 slots available since the aim is to have quarterly issues.

It would be good to communicate the possibility to publish something in BP to the other WGs of ESH. Blood Pressure is not too restrictive, but articles should adhere to the following rules: max. 2 pages, 1,500 words, 20 references.

M. Burnier concluded the topic with the remark that the “Clinical Update and News” issues should report about something really new. He also mentioned the possibility of placing an advertisement for ESH activities in the upcoming issues: next would be a campaign for the ESH 2023 Meeting in Milan and in the following issue there could be an advertisement for the ESH YF Program.

12. ESH ANNUAL MEETINGS

12.a 2023 ESH Annual Meeting, June 23-26, 2023, Milan (G. Mancina, M. Massaro)

M. Massaro presented a brief update of the planning for the 2023 Milan Meeting.

The meeting will take place at the MiCo Congress Center in Milan and will be distributed over two floors. The meeting will be hybrid and follow more or less the same format as the meeting in Athens.

The total number of abstracts received at the first deadline = 798, in line with the number received in 2022. The top 3 countries submitting abstracts are Italy, Russia, and Greece.

A total of 89 companies have been contacted for sponsorship opportunities. Eleven companies have confirmed sponsorship, eight have shown interest and are pending confirmation, nine companies have declined to support the meeting.

There will be 10 sponsored sessions (12 in 2022), however, others may be added if pending negotiations are confirmed.

The promotion of the new Guidelines is essential to attract sponsorship and participants.

The Faculty hotel will be NH Collection City Life.

Social Programme:

Opening Ceremony & Welcome Cocktail

Friday, June 23 at the MiCo Congress Center

Presidential Dinner

Sunday, June 25

The venue is still to be determined.

Social Media Channels:

Twitter: 1425 followers - @ESH_Annual / @ESHypertension

Facebook: 698 followers - @ESHAnnualMeetings

12.b 2024 ESH Annual Meeting, May 30 – June 3, 2024, Berlin (R. Kreutz, M. Massaro)

The original plan was to combine the annual congress of the German Hypertension Society (DHL) and the ESH 2024 Meeting as in previous years. DHL has already approached some sponsors to ask for financial support. The feedback from the sponsors was that they can only support one of the two meetings. Since there are only a few local pharmaceutical companies in Germany, it is important to get their support. As a consequence, DHL decided to hold their meeting in a smaller format on a different date in Heidelberg. Nevertheless, DHL will endorse the ESH Meeting in Berlin in 2024.

M. Massaro gave a brief update on the progress of the organization and introduced the Estrel Hotel as the meeting venue and faculty hotel.

12.c Bid for 2026 ESH Annual Meeting (A. Januszewicz)

The official call for bids for the 2026 ESH Annual Meeting has been sent to all Presidents of the National Hypertension Societies on November 29, 2023 with a deadline for submission at the end of April.

The committee for the evaluation of the bids will include the President, Vice President, Secretary, Treasurer, and Education Committee Chair. They will decide on the top 3 applications. The 3 applicant countries will be asked to give a short 10-minute presentation at the Milan 2023 Meeting. After that, the final decision will be made.

To date, the ESH Coordinator has received two letters of intent to host the 2026 ESH meeting from the Polish Society of Hypertension and the British & Irish Hypertension Society.

A. Januszewicz briefly reported on the Polish Society's plans to host the meeting in Gdansk in collaboration with the Baltic countries. This idea was positively received by the Council.

He also commented that if the Polish Society submits a bid, he will have a conflict of interest and will therefore withdraw from the evaluation committee.

13. ESH SATELLITE MEETINGS & ENDORSED MEETINGS (A. Januszewicz)

A Januszewicz reported on the current status of ESH Satellite Meetings and Endorsed Meetings for 2023.

13.a ESH Satellite Meetings

Already approved meetings

March 31 - April 1, 2023, Greece: organized by K. Tsioufis

9th Pre-ESH Satellite Symposium on “Difficult to control Hypertension and related Comorbidities”

April 21, 2023 in the Jagiellonian University in Krakow, Poland: organized by M. Rajzer
Environmental Context of Hypertension

May 11-13, 2023 in Gdansk, Poland: organized by K. Narkiewicz
European Hypertension Forum

New applications

June 22, 2023, Milan, Italy: organized by G. Parati
Nocturnal Blood Pressure: Methodological Aspects, Pathophysiological Mechanisms and Clinical Implications

September 8, 2023 in San Daniele del Friuli, Italy: organized by Paolo Palatini
Hot topics in the automated BP measurement era

September 14-16, 2023 in Porto Heli, Greece: organized by A. Manolis
ESH 2023 Post Congress Satellite Symposium on the release of the 2023 Hypertension Guidelines

All 3 new applications were approved by the Council members.

13.b ESH Endorsed Meetings

Already endorsed meetings

January 24 + February 21, 2023 - webinars in cooperation with Menarini: E. Agabiti-Rosei
Hypertension in special conditions and comorbidities - new insights in the therapeutic approach

February 24-25, 2023 in Bled, Slovenia: J. Brguljan, B. Jelakovic, G. Grassi
Hypertension-Cardio Course, supported by SERVIER

New applications

May 5-7, 2023, Izmir, Turkey: organized by I. Tengiz
The 21th National Hypertension and Cardiovascular Disease Congress

The new application was also approved by the Council members.

Furthermore, A. Manolis reported that the ACC is interested in organizing a roundtable to present the new 2023 ESH Hypertension Guidelines. The roundtable shall take place during the ACC congress in Athens on November 3-5, 2023. In exchange, a joint session with the ACC could then be planned for the ESH 2023 Post Congress Satellite Symposium in Greece in September.

Council members expressed positive views on the idea. A. Manolis is to stay in contact with the ACC and get more information.

14. ANY OTHER ISSUES (A. Januszewicz)

No other issues were raised by the participants.

15. DATES FOR FUTURE COUNCIL MEETINGS (A. Januszewicz)

A. Januszewicz briefly reminded the attendees of the upcoming Council meeting in Milan as follows:

Council Meeting on Friday, June 23, 2023, Milan

To be held in conjunction with the ESH 2023 Annual Meeting

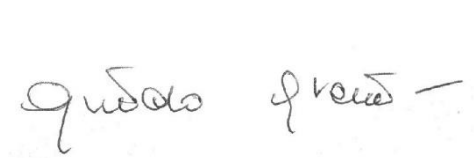
He also asked the Council members to suggest a venue for the fall Council meeting.

A. Pathak and Z. Jarai expressed their interest in hosting the meeting either in France (Nice-Monaco) or Budapest. It was decided that both will get in touch as soon as possible to discuss this and send an official proposal to the ESH President and Secretary.

16. CLOSURE OF THE MEETING

The President thanked all Council members for this successful meeting and the fruitful discussions.

He closed the meeting and wished everyone a safe and good trip home.



Guido Grassi
ESH President



Andrzej Januszewicz
ESH Secretary