

Minutes of the Meeting of the ESH Scientific Council

Glasgow, September 30, 2017

Present

K. Tsioufis, President

E. Lurbe, Vice President

R. Kreutz, Secretary

M. Bochud, Treasurer

E. Agabiti Rosei, Immediate Past President

ESH Council members

M. Azizi

T. Kahan

J. Polonia

P. van de Borne

Executive officers

G. Mancia

G. Parati

D. Clement

A. Coca

A. Manolis

Ex-officio members

C. Borghi

D. Lovic

Further participants:

M. Massaro AIM

R. Lynch (starting from topic 5b)

Apologies

B. Jelakovic, B. Williams, A. Januszewicz

1. PRESIDENT'S WELCOME

The meeting was opened by the ESH President K. Tsioufis, who conveyed the apologies of B. Jelakovic, B. Williams and A. Januszewicz.

2. MINUTES OF MILAN SCIENTIFIC COUNCIL MEETING, JUNE 16, 2017

The document was distributed to all Council members before the meeting, by the former ESH Secretary K. Tsioufis and the Council unanimously accepted the minutes.

3. FINAL REPORT FOR 2017 ESH MEETING, MILAN

G. Mancia reported that he received very positive feedback from several participants and that the organizing committee overall was very happy with the outcome of the meeting. He also posed the question whether it is still possible to reduce costs, e.g. by omitting the presidential dinner or cutting the costs for the opening ceremony. The costs in Milan were 35,000 and 65,000 Euros, respectively, in Milan as noted by M. Massaro.

After open discussion on this topic the Council agreed that both the events should be still implemented into the Milan meeting, but efforts should be made to reduce costs for each event, particularly by selecting a less expensive venue for the presidential dinner.

M. Massaro made a brief overview of the statistics for the 2017 Annual Meeting in Milan.

Some important data regarding abstracts, participants and sessions are summarized below:

Abstracts

FIRST DEADLINE ABSTRACT RECEIVED	1344
FIRST DEADLINE ABSTRACT ACCEPTED	1254
LATE-BREAKERS ABSTRACT RECEIVED	140
LATE-BREAKERS ABSTRACT ACCEPTED	115
TOTAL ABSTRACTS RECEIVED	1484
ABSTRACT ACCEPTED AS ORAL PRESENTATION	244
ABSTRACT ACCEPTED AS POSTER PRESENTATION	1021
NO-SHOW POSTERS	289 (285 in 2016)
NO-SHOW ORAL PRESENTATION	5

Participants: total 2627; ESH members 196

PAID SPONSORED REGISTRATIONS 803

PAID INDIVIDUAL REGISTRATIONS 1276

TYPE of PARTICIPANT	#
ESH MEMBER	196
NON MEMBER	1577
PARTICIPANT YOUNGER THAN 35	110
PARTICIPANT YOUNGER THAN 35 With 1 accepted abstract	196
FACULTY	224
PRESS	39
ACCOMMODATION GRANTS	51
FREE	139
EXHIBITORS/SPONSORS	95
TOTAL	2627

Sponsored Sessions:

1 EDUCATIONAL SESSION

(1 in 2016)

EGIS

2 SATELLITE SYMPOSIA

(1 in 2016)

- SERVIER
- MERCK

1 HOW TO SESSION

(6 in 2016)

SOMNOMEDICS

1 PARALLEL SYMPOSIUM

ASTRAZENECA

13 MINISYMPOSIA (13 in 2016)

- BOEHRINGER INGELHEIM
- BRISTOL-MYERS SQUIBB
- CVRx
- FUKUDA DENSHI
- MEDTRONIC
- MENARINI GROUP (n.2)
- MENARINI GROUP/DAIICHI SANKYO
- OMRON HEALTHCARE EUROPE
- ReCOR MEDICAL
- SERVIER (n.2)
- VIFOR PHARMA

Total incomes: 2108670,48 Euro

Total expenses: 1778915,85

Based on the presented information the Council discussed intensively the problem of no-shows and agreed that the collection of data on no-shows should be continued by AIM; no-shows for 3 consecutive years could result in exclusion from further abstract consideration. This topic will be included into the Agenda of the next Council Meeting.

4. TREASURER'S REPORT

M. Bochud presented some data on various anticipated costs and on donations on the basis of the financial report as per 31 December 2016 presented by M. Burnier during the previous Council meeting. She noted that the final numbers of the Milan 2017 meeting will determine the amount transferred to the ESH account. A detailed updated financial report will be presented at the next council meeting in 2018. She suggested to transfer 110,000 Euros to the FESH account for the next summer school meeting in Les Diablerets. This suggestion was unanimously accepted by the Council.

5. STATUS OF ESH PROPOSALS FOR FURTHER DEVELOPMENT

a. Administrative secretary of the ESH Scientific Council

K. Tsioufis addressed the need and the benefits of establishing a Scientific Council Secretariat of the ESH to support the administration and operational work of ESH and Council. Based on the already existing excellent support from Infomedica, he suggested to engage Robyn Lynch to lead the Secretariat independently from her work with Infomedica using a separate contact address and Email (European Society of Hypertension, Scientific Council Secretariat; Email:eshcouncilsecretariat@eshonline.org). For this work she shall be reimbursed on an hourly basis for her work with a separate contract.

This proposal was generally supported and unanimously accepted by the Council members. Subsequently, Robyn Lynch was invited into the room to participate in the meeting. She was introduced to the ESH Council and welcomed by its members.

b. Membership status and fees

R. Kreutz provided a brief overview of the 2015-2017 annual member statistics and on payment status of the ESH membership fees and the reminder campaign sent out to 1073 ESH members for payment of the 2017 membership fees.

R. Kreutz informed the Council of ISH's proposal to increase membership fees for 2018. The proposed ESH membership fee for 2018 would be USD 185.00, an increase of \$10.00 USD. C. Tsioufis will write to the ISH President/ISH Executive Committee confirming acceptance of the fee increase and informing them E. Agabiti Rosei is the new ESH representative for ISH.

The possibility to become independent from ISH for the collection of ESH membership fees will be discussed in more detail during the next Council meeting in February 2018.

An open discussion was made on the benefits of membership and what can be done to make them more attractive:

- Create new membership categories: e.g. "Fellows" – upgrade of paying members - Associates/Affiliates for individuals independently from Journal subscription;
- ESH 30th Year Anniversary – discount on Annual Meeting registration.

c. Revision of ESH by-laws

After review of the current by-laws the need for updates or revisions to the current ESH by-laws will be presented at the next Council Meeting in February by the nominated ESH Council committee: E. Agabiti Rosei, R. Kreutz, M. Bochud, E. Lurbe and ESH Foundation representative G. Mancina.

d. ESH Official Journals

M. Bochud will contact the ESH Foundation lawyer for advice on renegotiation of agreement with the Publisher of the Journal of Hypertension.

It was agreed that representatives on the Management Board of the Journal should be active Council members. K. Tsioufis, as President of ESH, will send an official letter to the Publisher advising of new ESH representatives. New representatives will be nominated during the next Council Meeting in February.

e. ESH Young Investigator's Forum

The Young Investigator's Forum has been conceived as a resource for young physicians. Participation will be by invitation and J. Polonia will contact National Societies and ESH Working Groups asking them to suggest names of early-career physicians who may be interested in participating. The initiative will include activities during the Annual Meeting and a pre-congress meeting with Working Groups.

f. New e-Learning Platform and additional website activities

1. R. Kreutz reported on the opening of the new e-Learning programme. The aim is to add new material to the programme every 2 (-4) weeks. This will initially be done with selected material already available from the Annual Meeting recordings

2. A link to Servier's Education Programme will be added to the programme.

3. R. Kreutz reported on a brief phone call with PCM Scientific who would be interested in collaborating with ESH on CME programmes.

4. Link ESH APP to the e-Learning Programme. G. Parati will provide the link.

g. Improvement of main successful ESH initiatives (Excellence Centers, Hypertension Specialists, Summer Schools, Working Groups)

An open discussion on how to enhance and encourage participation of members of the ESH Communities in the Annual Meeting:

1. Case presentations during annual meeting. Personal invitation to a selected number of Hypertension Specialists to participate in Clinical Cases during the annual meeting in Barcelona. Participants would be asked to submit a clinical case. A selection of the best cases would be made and presented during a session at the Annual Meeting. A CD of the cases could be made and sent to the participants. M. Azizi and A. Coca will follow up on the feasibility of implementing this event at the Annual Meeting.

2. Collaboration with Working Groups - G. Parati confirmed the success of the Teaching courses during the Annual Meeting in Milan and proposed to repeat in Barcelona.

3. Newsletters – involve Working Groups in the writing of the ESH Newsletters.
4. G. Parati proposed to revise Working Group rules especially regarding changeover of Chairs and Secretaries and using the same research focus format for all Working Groups.
5. Invite presidents from non-European National Societies to chair sessions.

6. CURRENT STATUS ON THE RELATIONSHIP WITH ESC/OTHER SCIENTIFIC SOCIETIES

a. ESH/ESC Guidelines

G. Mancia provided an update on the preparation of the joint ESH/ESC Guidelines. The delivery times are well behind the planned schedule dates and risk of the Guidelines not being ready for the ESH meeting in Barcelona. Next meeting with ESC will take place on November 8th in Amsterdam. It was suggested to send a letter to ESC with a proposal to adjust the timeline of the review and further process to ensure availability of the guidelines at the Barcelona meeting.

b. Joint Sessions ESH/ESC in ESH and ESC meetings

An invitation to co-chair the presentation of the Guidelines has been sent to Prof. Bax.

c. Educational activities with other Societies

1. Position Papers
2. ESH Council member representative in other societies (ESO, ERA-EDTA, EASD, EULAR). An official letter will be sent to the Presidents of these societies inviting reciprocal collaboration.

7. CALL FOR BID FOR THE ESH 2022 MEETING CANDIDATURE

1. Deadline date for submission of bids is first week of April 2018.
2. A Selection Committee was nominated: E. Agabiti Rosei, E. Lurbe, R. Kreutz.
3. Decision will be made in Barcelona during the Annual Meeting.
4. An email will be sent out to the Presidents of the National Hypertension Societies.
5. A banner will be placed on the ESH website.
6. Bid proposals will be collected by the ESH Council Secretariat.

8. RULES FOR THE ENDORSEMENT OF THE PRE- AND POST-ESH SATELLITE SYMPOSIA AND INDUSTRY SUPPORTED SYMPOSIA

The Council agreed that the following group of members shall further explore this area:

A. Coca and T. Kahan (co-chairs), C. Borghi, G. Mancia, A. Manolis, G. Parati.

The following steps were suggested:

1. Invite a representative from Industry for Industry sponsored symposia. This will be discussed again during the next Council Meeting in Barcelona.
2. Write to Farindustria (Italy) concerning rules for industry sponsored satellite symposia.
3. A. Coca will also contact the Spanish pharma industry authority on industry sponsored satellite symposia.

9. ESH RESEARCH PROJECTS

The Council discussed the current status of ESH research activities.

a. BP Controls in European Countries

E. Agabiti Rosei, G. Mancia provided a brief update on BP controls in European countries.

1. Review the questionnaire, create electronic CFR
2. Carry out BP controls within Excellence Centres
3. A. Manolis confirmed the Talal Zein Foundation would transfer immediately €10,000 euro to the ESH Foundation to contribute to the funding of this project.

b. Atrial Fibrillation Project

E. Agabiti provided a brief update on the atrial fibrillation project.

1. Enrolment has been stopped. Approximately 600 patients have been enrolled and a large amount of data has been recorded.
2. ESH Excellence Centres should be involved more in future projects.
3. G. Parati advised the data can be made available on the ESH APP.

10. ESH POSITION PAPERS

C. Borghi informed the Council he is preparing a position paper on nutraceuticals for the management of high blood pressure. M. Bochud, R. Kreutz, K. Tsioufis and P. van de Borne agreed to collaborate in the writing of the paper.

11. ESH NEWSLETTERS FOR 2018

P. van de Borne - 2018 Newsletters to be posted on the ESH website and provided in the congress bag.

12. ESH ENDORSEMENT (Books, Meetings)

P. van de Borne informed the Council on the endorsement of the below meetings:

1. Hypertension and Left ventricular hypertrophy, held in Brescia
2. Hypertension Master Course, held in Moscow, July 2017
3. International Post-Graduate Program , Arterial Stiffness and Early Vascular Aging, held in Guimarães, Portugal, 15-17 November 2017
4. ICHA International Congress of Hypertension in Children and Adolescents, to be held in Valencia 9-11 February, 2018

13. OMRON ACADEMY PROJECT

K. Tsioufis and G. Parati provided a brief update on the Omron Academy Project.

14. CORRESPONDENCE

- a) **UEMS** – D. Clement reported on the UEMS meeting in Brussels.
- b) **Letter from ERA-EDTA** – confirmed wish to continue collaboration with ESH.
- c) **Letter from GP. Rossi** - issues raised in this letter regarding stronger involvement of WGs were addressed by G. Parati above (5g).
- d) **Meeting with past ESH Presidents**
As per tradition, the past five ESH Presidents were invited to a working dinner to share their experience and knowledge gained as president, and to give their valuable contribution on how to move forward more effectively and efficiently.

15. DATES FOR FUTURE COUNCIL MEETINGS

The next Scientific Council Meeting will be held on February 3rd, 2018 in Barcelona.

16. CLOSURE OF THE MEETING

K. Tsioufis thanked all the ESH Scientific Council members who participated in the meeting for the productive day and collaboration.