

**Minutes of the Meeting of the Scientific Council of the
European Society of Hypertension, Munich 19th October 2015**

Present:

E. Agabiti Rosei, President

C.Tsioufis, Secretary

M. Burnier, Treasurer

B. Jelakovic, Officer at Large

A. Dominiczak, Immediate Past- President

ESH Council members:

ESH Council members:

P. van de Borne

T. Kahan

R. Kreutz

B. Williams

Executive officers

G. Mancia

G. Parati

D. Clement

A. Coca

Apologies

I. Chazova

G. Grassi

1. President's Welcome

The meeting was opened by the ESH president Enrico Agabiti Rosei, who conveyed the apologies of: I. Chazova, G. Grassi

2. Minutes of Milan ESH Scientific Council Meeting, June 12, 2014

This document was distributed to all council members before the meeting, by the ESH Secretary C.Tsioufis and the council unanimously accepted the minutes.

3. Treasurer's Report

The treasurer, M. Burnier presented the 2015 financial results of the ESH and the Foundation of ESH. As per 30.9.2015, the net assets at the beginning of the period were 1'581'324.11CHF while at the end of the period they were increased, amounting to 1'161'024.87 CHF. The results showed that the total income was at 5'784.10 while

the expenses reached 176'083.34 CHF. The members accepted an amount of 250'000 to be transferred to FESH. The figures are not yet audited.

4. ESH Foundation

G. Mancia stated that the key question is whether the ESH will launch a campaign to find sources for funding. In this setting he referred to the design of a site and a logo for the ESH Foundation to be used in meetings concerning this target. He also referred to the organization of a "Friends of ESH Foundation" association.

5. Milan ESH 2015 meeting. Final budget

The Scientific Council members discussed possible ways of increasing the meeting participation. The promotion of the ESH meeting in countries outside Europe, in USA and Japan, as the largest clinical meeting in hypertension was also discussed. The council members decided to contact the local industry in order to provide support for the meeting. M. Maddalena presented the financial figures for the 2015 ESH Meeting in Milan, the final budget of the meeting, number of registrations, number of accepted abstracts, incomes and expenses. (see attached slides).

6. Future ESH meetings

M. Azizi presented activities concerning the 2016 ESH Paris Meeting. The future ESH Meetings are still far away, but some preliminary steps were taken (G.Mancia – Milan 2017; A. Coca – Barcelona 2018; etc.).

7. Current status on relations with ESC and ISH

(a) ESC (JOINT SESSION, ESH/ESC NEW GUIDELINES)

All scientific council members stressed that ESH-ESC relations are currently improved and that a joint session will be organized as in the previous years. Concerning the new ESH/ESC guidelines, it was decided that the dates will be assessed while the scientific council members decided not to proceed with the reappraisal of current guidelines.

(b) ISH (JOINT SESSION AT SEOUL, SUMMER SCHOOL IN AFRICA)

E. Agabiti Rosei referred to the current relation with the ISH, the joint session in Seoul and the summer school in Africa initiative. The ESH council decided to support 1 or 2 Faculty members. However the ESH decided not to provide additional funding, due to the present financial situation and all the educational projects that are already being supported.

Concerning the membership fee, the ESH scientific council decided to proceed on the same line with the ISH. The ESH membership fee will remain the same for 2016 but it will be reconsidered for 2017.

Finally, regarding the ESH App, the ESH scientific council agreed to share its use with ISH for some common project.

8. Reappraisal of guidelines documents and statements of the ESH-Joint statements with other societies

The scientific council members decided not to proceed with joint statements with other societies and discussed concerning the joint statement with CIRCE and ERA-EDTA.

9. ESH educational activities

(a) ESH IN CHINA

E. Agabiti Rosei mentioned that the discussions with the hypertension community of China regarding joint sessions and educational activities are progressing.

(b)/ (c) SUMMER SCHOOL 2016 IN SIRMIONE/LATIN AMERICA

E. Agabiti Rosei referred to the ESH summer school that will be held in Sirmione, Italy and A. Coca informed the council members for the ESH summer school in Latin America.

(d) EDUCATIONAL PROJECT ON URIC ACID AND CV RISK

The 2016 meeting in Barcelona, Spain will include surveys concerning the uric acid.

(e) CONTRACT WITH SPRINGER-VERLAG

G. Mancia informed the council that the contract with SPRINGER-VERLAG is in progress.

(f) MASTER COURSES /OMRON ACADEMY PROJECT

A. Dominiczak referred to the OMRON Academy project and related to a large set of slides used by OMRON. The scientific council decided to respond by ensuring that the slides are in line with the ESH guidelines and have the ESH logo. The scientific council discussed about a possible way of reimbursement for the ESH.

(g) JOINT SESSION WITH EAHF

C. Tsioufis referred to the possibility of a joint session with EAHF and informed the ESH council about the discussions with the president of EAHF, Prof. Gerasimos Filippatos.

(h) ANTICOAGULATION TASK FORCE

C. Tsioufis talked about the anticoagulation education task force which he attended on 13-14 October 2015, in Mainz, Germany and presented the societies that participate in the programme.

10. Surveys/Research projects

E. Agabiti Rosei, G. Mancina and G. Parati discussed about the acceleration of patients enrollment in the atrial fibrillation, blood pressure control, uric acid and CV risk, Artemis and masked hypertension research projects.

11. (i) Global Summit on Cardiovascular Disease Prevention

C. Tsioufis presented the invitation of the World Heart Federation to the ESH to participate in the Global Summit on Cardiovascular Disease, 4-7 June, 2016 in Mexico City. He also presented the WHO project “25 by 25” that targets to reduce premature mortality from non-communicable diseases by 25% by 2025. He finally gave some information on the action of the WFO.

(ii) Yearbook of international organizations

C. Tsioufis presented the steps followed for the inclusion of the ESH in the Yearbook of International Organizations, published by the Union of International Organizations. He also provided the council with information concerning the Union of International Organizations and its activities. He also explained the importance of the inclusion of ESH in the Yearbook of International Organizations.

12. Nomination for new council members

The council decided that the nominations of new council members should occur in the ESH council meeting on February 2016, in Paris so that one new council member will be elected in the ESH annual meeting on June, 2016, in Paris.

13. ESH web portal

C. Tsioufis presented to the ESH council the plans for the composition of a bulletin, including the venue and date of the annual meeting of each National Society. He reported that an ESH bulletin will keep the ESH members updated concerning the activities of the national societies. He also presented a table including the information collected so far, concerning the dates and venues of the annual meetings of the national societies.

14. Working groups

G. Parati provided a brief overview of the current status of the ESH working groups.

15. ESH Affiliation and Association Programme

E. Agabiti Rosei and A. Coca presented a brief overview of the ESH affiliation and association programme.

16. European Hypertension Specialist Programme

M. Azizi briefly presented an overview of the European Hypertension Specialist Programme.

17. ESH Scientific newsletters

P. Van de Borne presented two newsletters entitled “Update on Treatment of Hypertension in Patients with COPD,” by Csaba Farsang, Krzysztof Narkiewicz and colleagues and “Update on Treatment of High Blood Pressure in the Elderly”, by Sverre Kjeldsen and colleagues.

18. ESH Endorsements

P. Van de Borne informed the council on the endorsement of the following meetings:

1. The 3rd India Risk Factor Symposium, in Goa, India, on October 2-3, 2015
2. The 4th edition of the International Postgraduate Course on Arterial Stiffness and Early Vascular Aging, in Braga, Portugal, on November 18-19, 2015
3. The Lithuanian Forum on Hypertension, in Vilnius, Lithuania, on November 20-21 2015
4. The International Symposium on the Complexity of the Management of Hypertension and its Comorbidities, Barcelona, Spain, on November 26-28 November 2015
5. The 1st National Meeting on Fibromuscular Dysplasia on December 12, 2015

19. ESH centers of excellence

B. Jelakovic presented a brief report on the ESH excellence centers programme that includes 171 centers. He presented the new centers applications which are the following:

1. Centre d’hypertension arterielle, France
2. Centarza Hipertenziju, Bosnia and Herzegovina
3. Centro Ipertensione Arteriosa-Ospedale di Assisi, Italy
4. Hypertension Center, Terni University Hospital, Italy
5. Medicina Gernale Indirizzata alla Malattia Ipertensiva, AOUI Verona, Italy
6. Hypertension Unit-Zin Medical Center, Israel
7. Ambulatorio Ipertensione, Ospedale Niguarda, Dip De Gasperis e Universita di Milano Bicocca, Italy

B. Jelakovic also presented the excellence centers reaccredited, presented below:

1. Klinik für Nephrologie, Universitätsklinikum der Heinrich-Heine-Universität Düsseldorf, Deutschland

2. Service of Nephrology and Hypertension, CHUV Lausanne

Finally, he presented the newly appointed heads of the following centers. In the Heymans Institute of Pharmacology, Ghent University Hospital, Tine De Backer was appointed head after the retirement of Luc Van Bortel and in Holbaek University Hospital, in Denmark, Ulla Overgaard Andersen is the new head, after the retirement of Hans Ibsen.

20. Dates and venues for the future ESH scientific council meeting

E. Agabiti Rosei announced that the future ESH scientific council meeting will be held on February 27, 2016 and in June 2016.

21. Any other business and closure

E. Agabiti Rosei thanked all the ESH scientific council members who participated in the meeting.